

## **Aston Clinton Baptist Church Timetable:** Forever Cycling and Seated exercise

Location: Aston Clinton Baptist Church, 52 Green End St, Aston Clinton, Aylesbury, HP22 5EX

Date	Session
Monday 17th June 2 - 3pm	Forever Cycling
Monday 24th June 2 - 3pm	Seated Exercise
Monday 1st July 2 - 3pm	Forever Cycling
Monday 8th July 2 - 3pm	Seated exercise
Monday 15th July 2 - 3pm	Forever Cycling
Monday 22nd July 2 - 3pm	Seated exercise
Monday 29th July 2 - 3pm	Forever Cycling
Monday 5th August 2 - 3pm	Seated exercise
Monday 12th August 2 - 3pm	Forever Cycling