

## **Aston Clinton Baptist Church Timetable 2025: Forever Cycling and Seated exercise**

Location: Aston Clinton Baptist Church, 52 Green End St, Aston Clinton,  
Aylesbury, HP22 5EX

<b>Date</b>	<b>Session</b>
<b>Monday 6th January</b> 2 - 3pm	Seated Exercise
<b>Monday 13th January</b> 2 - 3pm	Forever Cycling
<b>Monday 20th January</b> 2 - 3pm	Seated Exercise
<b>Monday 27th January</b> 2 - 3pm	Forever Cycling
<b>Monday 3rd February</b> 2 - 3pm	Seated Exercise
<b>Monday 10th February</b> 2 - 3pm	Forever Cycling
<b>Monday 17th February</b> 2 - 3pm	Seated Exercise
<b>Monday 24th February</b> 2 - 3pm	Forever Cycling
<b>Monday 3rd March</b> 2 - 3pm	Seated Exercise
<b>Monday 10th March</b> 2 - 3pm	Forever Cycling