

Wendover Health Centre Timetable 2025: Forever Cycling and Seated exercise

Location: Wendover Health Centre, Aylesbury Rd, Wendover HP22 6LD

Date and Time	Session
Wednesday 8th January 1:15-2:15 pm	Forever Cycling
Wednesday 15th January 1:15-2:15 pm	Seated Exercise
Wednesday 22nd January 1:15-2:15 pm	Forever Cycling
Wednesday 29th January 1:15-2:15 pm	Forever Cycling
Wednesday 5th February 1:15-2:15 pm	Forever Cycling
Wednesday 12th February 1:15-2:15 pm	Seated Exercise
Wednesday 19th February 1:15-2:15 pm	Forever Cycling
Wednesday 26th February 1:15-2:15 pm	Seated Exercise
Wednesday 5th March 1:15-2:15 pm	Forever Cycling
Wednesday 12th March 1:15-2:15 pm	Seated Exercise